

WALKLINES

**Newsletter of the
Waverley Bushwalking Club Inc
March 2024**



NEXT MEETING: Monday March 11 at the Mount Waverley Community Centre

Speaker: Michael Strickland - Trekking over the Swiss Alps

Waverley Bushwalking Club wishes to acknowledge receipt of an in-kind grant from the City of Monash

Waverley Bushwalking Club Inc.



PO Box 685, Glen Waverley, Vic 3150

waverleybwc@waverleybushwalking.org.au

Web: www.waverleybushwalking.org.au



PRESIDENT'S REPORT – MARCH 2024

Our walking program stopped briefly over Christmas and is now in full swing with a number of summer program walks which are well supported. We have also had a range of base camps and pack carries over the last three months and I would like to thank again the leaders of these events -Gary for Mt Hotham, Gary and Elizabeth for Howmans Gap, Simon and Linda for Anglesea, Lois and Elizabeth for the Wilsons Prom base camp and the pack carry leaders Gary McDonald for the High Plains and Chris McLennan and Jane May for the Great Southwest walk.

Thanks to those leaders who have put on walks in March. The program is looking a lot healthier now with day walks, pack carries and base camps coming up.

At the last committee meeting we had 252 paid up members, an increase of 7. This is exactly the same as this time last year. We welcome Daniel Yu, Barbara Wu, Mustafa Kemal, Rose Lu, Grace Dong, Li Peng and Azni Taylor. Please make them welcome on walks.

Membership fees are due by the end of March. It is now a lot easier to pay for your membership. In OnTrax under the tab Me there is a direct link to Try booking where you can renew. Alternatively, there is a membership renewal form in March Walklines which provides bank account details. Please renew before the end of this month. This makes our Treasurers job a lot easier.

When renewing your membership, it is a good idea to check your personal details in OnTrax. This information is needed if there is an accident or an emergency on a walk.

As mentioned earlier, 2024 is the 90th anniversary of Bushwalking Victoria and to celebrate the Federation weekend is being held at Wilsons Prom on the weekend of 11th – 13th October with a great program of walks. It would be great to see a sizeable contingent from our club going along. We will look at getting a group booking for accommodation nearer the time when bookings open in June.

By the time of the AGM our current committee will have served for 2 years without any change. This means there will be some members leaving this year including myself. We will be needing at least three new committee members. Please consider nominating for committee

Our February meeting was very well attended as was the Christmas function at the Bowls club. We have interesting talks scheduled for March and April. March will be Michael Strickland talking about the Chamonix to Zermatt walk in Switzerland and April will be Malcolm Jennings and Trish Heidmann on the Coast-to-Coast walk in the U.K.

Finally I would like to thank our Walklines editors, Elaine, Graeme and Robbie who are often unrecognized and do a great job for the year.

David Lumb

The Waverley Bushwalking Club

warmly welcomes

Daniel Yu, Barbara Wu, Mustafa Kemal,
Rose Lu, Grace Dong, Li Peng, Azni Taylor,

May you experience many happy hours with the
Club, both on and off the track.

Cover photo: Wilsons Promontory on Day 1 of Base Camp. See reports pages 9-13. Photo: Elizabeth Leung.

DAY WALKS

Crystal Brook Picnic Ground, Cardinia Dam.
Leaders: Pauline McGuire & Pauline Arthur
Sunday 28 January

We had a nice early start to our walk at 8.30am to avoid the heat of the day. The two Paulines led us on a lovely walk around the grounds of the dam, taking in bushland, grasslands and the dam wall. We saw a few wallabies and the odd deer. Morning tea was on route in a nice Picnic area and as this was a half day walk we were able to sit near our cars, relax together and eat our lunch before heading back home to enjoy the rest of the day. Thanks leaders for a great start to a Sunday.

Adrienne Mann



Mount Waverley to East Malvern
Wednesday February 7, 2024
Leader: Graeme Brownfield

Grants Picnic Ground
Evening Loop Walk, 8.5 KM
Wednesday January 31
Leader: Tony Walker

Summer weather is not always predictable in Melbourne. This proved true for leader Tony Walker who had to cancel his plan for a New Year summer walk due to bad weather. Tony rescheduled a slightly shorter walk (to allow for earlier sunset times) on Wednesday 31st January and 24 members were keen to attend and admire the tall timbers and tree ferns on a loop walk from Grants Picnic Ground. This walk was different though. It was timed for the late afternoon with a barbeque shared in a very mellow dusk. We were observed closely by a flock of screechy white cockatoos, and even more closely by a cheeky kookaburra who flew straight over our heads and in one swoop snagged a whole sausage from Wendy's plate. Sorry Wendy. You were one snag short for your dinner!
Jane Taylor

After a very cool January, the sun was shining and it was not too hot for our February 7th hike. Seventeen members met at the Valley Reserve Carpark. Graeme explained that the later start was planned so we would arrive at Dairy Blend (ex Dairy Bell) for our ice-creams when it opened for business for the day at 12.30pm.

The hike proceeded through tracks in Valley Reserve across the road and bridge at Regent St. to join the Scotchmans Creek Trail which is adjacent to the creek right through to Warrigal Rd and beyond. After crossing Forster Rd, we walked on the south unpaved track and through the almost dry tunnel under the freeway. On a similar hike last May, the water in the creek was so high and fast flowing, a much higher track was chosen. Morning tea was taken at Brickmakers Park. Then it was back on the trail to and over Warrigal Rd to Rob Roy Rd (where we "lost" 3 hikers 17%). This road led to Phoenix Park, the old site of Chadstone High School which now houses a library, park and playground. We had our lunch there before lining up for our ice-creams at Dairy Blend. Then it was back past the Library where Beth picked up a very heavy but free Kaz Cooke book "Kidwringling" to help with her grandmothering skills. The hike followed Scotchmans Creek Trail across Waverley Rd to East Malvern Station and home on the Glen Waverley line to Mt Waverley and Valley Reserve. Thank you, Graeme for a very pleasant "easy" hike.

Margery Kennett

DAY WALKS

Cape Woolamai, Phillip Island

Leaders: Simon Johnson and Linda Stewart

17 February 2024

This classic walk on the rugged eastern end of Phillip Island was undertaken by eighteen walkers, of whom thirteen drove down in the morning from Glen Waverley. We set out from the beach end of Cottesloe Ave, Cape Woolamai and walked along Cleeland Bight Beach to the former pink granite quarry where morning tea was had sitting on the rocks. The history of the quarry was related by Simon and the coastal vegetation in the area, of which the abundant bower spinach (*tetragoniaimplexica*) is edible, explained by David Reid. The track then climbed south-west through coastal forest and across grasslands where many burrows of muttonbirds (*short-tailed shearwaters*) could be seen. Other fauna observed on the walk included black wallabies, echidnas, silver gulls, hooded plovers and swallows. We paused at a lookout overlooking Gull Island, from which the Wonthaggi wind farm could be seen in the distance, and then ascended to Woolamai Hill (112m) where there is a marine aid, first established in 1922 as a kerosene-powered light.



Heading north-west along the cliff tops we observed spectacular coastal views and stopped for lunch at Cape Granite. The track continued north among the sand dunes then descended on wooden steps to Woolamai Surf Beach. Some of us did a two-kilometer diversion along the beach to observe interesting rock formations with holes in the rocks resembling faces. The geology of the area, consisting chiefly of mudstone, was explained by John Bradshaw. Continuing along the beach we stopped for coffee at Magiclands Kiosk before crossing the narrow isthmus joining Cape Woolamai to Phillip Island and returning to the cars. The total distance was 13km.

Many thanks to Simon and Linda for an amazing walk.
Richard Watson

Photos by Richard



MEMBERSHIP RENEWAL DUE BEFORE 1ST APRIL

On Line Membership Renewal on Trybooking:

We prefer that you renew through Trybooking as it saves paper and streamlines our processes. You can pay via Credit Card or PayPal.

Link for membership renewals is:

<https://www.trybooking.com/COKRO>

The link can also be accessed through the Bulletin Board in OnTrax.

If you cannot access Trybooking:

Print the paper *Membership Renewal* form included in this edition of Walklines, or print a copy from the Club Document Library in OnTrax.

It is essential that the completed and signed form be returned with payment. It contains your *Acknowledgement of Risks and Obligations of Members and a reminder of your responsibilities when taking part in walks.*

If using internet banking you can post the completed form (PO Box 685, Glen Waverley, 3150), bring it along to the meeting, or scan and email it to the Membership Secretary:

membership@waverleybushwalking.org.au

New members applying in January-March for a full year's membership do not need to renew until next year.

Review your WBC Personal Health Details form

(available in OnTrax) and make sure that it is up to date and carried in your pack.

Check and update your personal details in OnTrax

under the 'Me' tab.

Membership Enquiries: Pat Hames 0439 980 786;

membership@waverleybushwalking.org.au



Membership Renewal 2024- 2025

Please use this paper form only if you cannot renew online.

Section 1 must be signed, and the entire page completed and returned
1 Acknowledgement of Risks and Obligations of Members

This acknowledgement of risks applies to all club activities I may undertake.

I acknowledge that when I am participating in any activity of the Waverley Bushwalking Club (the Club), I am doing so as a volunteer in all aspects and as such I accept all responsibility for loss of property or bodily injury to me however it may occur.

I acknowledge that my participation in this activity may expose me to hazards and risks that could lead to injury, illness, or death or to loss of or damage to my property. In particular, when participating in abseiling, caving or above the snowline activities I am aware that these activities expose me to additional hazards and risks.

I will make all reasonable effort to avoid or minimise these risks by :

- only participating in activities within my capabilities,
carrying food, water, and equipment appropriate for the activity, and
advising the leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.

I will make every effort to remain with the rest of the party during the activity and accept the instructions of the leader of the activity.

I give my consent for my contact details to be made available to authorised representatives of the club in accordance with the club's privacy policy.

I acknowledge that the payment of my renewal will be deemed as full acceptance and understanding of the above.

Name (printed): _____

Signed: _____

Date: _____

2 Payment of Annual Membership Fees

Payment: to the Treasurer, together with completed form, by one of the following methods:

- 1. Preferably, by internet or over-the-counter banking to our Westpac account:-
Waverley Bushwalking Club BSB No. 033 050 Acc No. 293420
Please identify the payer in the transaction description and return this form by hand or by post.
2. By cheque payable to Waverley Bushwalking Club, at a monthly club meeting or by post to
Waverley Bushwalking Club, PO Box 685, Glen Waverley 3150

Please do not pay in cash.

Table with 2 columns: Description and Amount Payable. Rows include Adult (\$45.00), Student (\$35.00), Pensioner (\$35.00), and Associate (\$30.00).

Please fill in the following details only if changed since last renewal.

Address: _____

Post Code _____ Phone: (Home) _____ (Mobile) _____

Email Address: _____

Please verify that your email address is provided for the receipt of notices YES [] NO []



Notice of Annual General Meeting 2024

The Annual General Meeting 2024 will be held on Monday 13th May 2024, 7.30 pm at Mt Waverley Community Centre, 47 Miller Crescent, Mount Waverley.

Draft agenda

- 1. Welcome and Apologies.
2. Confirmation of the minutes of the AGM held on Monday 8th May 2023.
3. Presentation and acceptance resolutions of:
- President's Report.
- Treasurer's Report.
4. Election of Committee for 2024/2025.
5. Items of business requiring resolution, which have been received by the Secretary, no later than 21 March 2024. Send to secretary@waverleybushwalking.org.au
6. General questions to the Committee.

Authorised on behalf of the Committee by David A Reid OAM, Secretary, 1 March 2024

Nomination for Waverley Bushwalking Club Committee

At the AGM, nominations are called for committee positions. Position descriptions available from the Secretary. A member who is entitled to vote at the AGM may nominate or be nominated, with their consent, for one or more positions. Nominations must be supported by another member. A member may not hold the same Officer position for more than 5 years consecutively.

Written nominations must be delivered to the Secretary before the AGM. Please consider nominating.

Further nominations must be called for during the AGM, prior to the election for each position.

A candidate who fails to be elected to a nominated position may nominate or be nominated for any other position for which an election is yet to be held.

A member may be elected to only one position.

Waverley Bushwalking Club Inc. Reg. No. A0013370Z
Nomination for Election to Committee

Please nominate on this form. Using a separate form for each position.

Nominee: [name] [signature] [date].....

Supporter or Nominator: [name] [signature] [date].....

For the position of: (please circle the position)

The Officer positions:

President, Vice President, Secretary, Treasurer, Events Coordinator, Membership Secretary,

Ordinary Committee Member. Note: you can nominate up to three Ordinary Committee Members, using a separate form for each nomination.

Please send nominations by email to secretary@waverleybushwalking.org.au at least one day before the AGM, or by post to Secretary, Waverley Bushwalking Club Inc., PO Box 685, Glen Waverley 3150 at least one week before the AGM or deliver by hand prior to the commencement of the meeting.

BASE CAMP - WILSONS PROMONTORY FEB 11 - 16, 2024

Leaders: Lois Cain and Elizabeth Leung

Day 1 - Sunday 11 February

Some walkers starting arriving about midday and after lunch everyone was able to pick up their cabin key at 2.00pm. Lois got everyone to meet at 2.45pm ready for a short 2 hour walk.

We commenced from the campsite and headed over the Tidal River foot bridge onto the Tidal Overlook Circuit track. The weather was sunny with a warm 28c and visibility was great. Our first viewing stop was looking over Norman Beach for some amazing views. Further along the track we stopped at Overlook Point for views looking down over Squeaky Beach, recently voted the number one beach in Australia.



We arrived at a T-junction on the track where walkers could choose to return to the campsite or continue onto Pillar Point. Most of the walkers returned to the campsite, and Elizabeth took the remaining walkers to Pillar Point. The views at Pillar Point were breathtaking, looking out to the Prom's offshore group of Islands and views out to Norman Point.

Everyone met at 6.00pm at the leaders' cabin and in lieu of happy hour we enjoyed a welcome to the Wilsons Prom Basecamp with a shared dinner to which everyone brought along some foodvery enjoyable.

A big thank you to Lois and Elizabeth for a great start to the basecamp.

Vito Laruccia

Day 2: Monday 12th February. Little Oberon Bay walk

Nice early start for the 22 walkers for the newly opened Little Oberon Bay walk. We took the bush track on the high side of Norman Bay beach to the base of the mount. We started with an incline to capture glimpses of Norman beach and to see over to Pillar Point which was our walk experience we did the previous day. The track access has been improved because of the work they have done by laying protective recycled grating over some of the badly eroded areas. Relief from the sun is welcomed as we walk under the sheoak trees and where we enjoy the softness of their cushions of fallen foliage. To access the beach area, stairs have been established for the climb down. Lunch is had where shade can be found and play time is given. We return to Norman Bay where many a shoe is removed, and we enjoy the leisurely stroll back to our lodges paddling through the waves. This is my favorite walk to the point that I did it again in the afternoon.

Thanks Lois and Elizabeth for all the hard work you put into these base camps.

Robyn Timmers



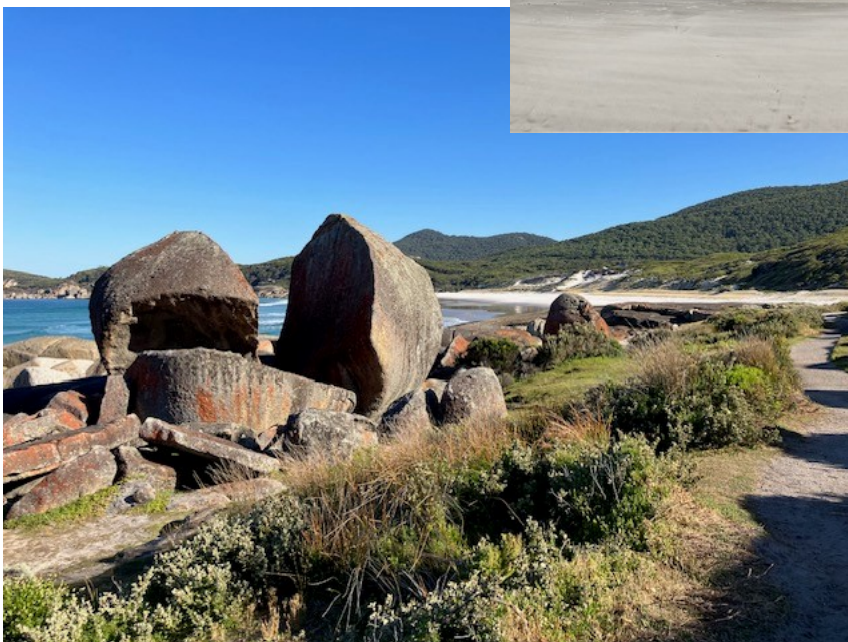
BASE CAMP - WILSONS PROMONTORY FEB 11 - 16, 2024

Day 3: Tuesday February 13 - Three Bays Walk, Lilly Pilly Gully and Mt Bishop.

Today we set off early to beat the heat as it was going to hit mid 30s later in the day. We headed up the hill next to Tidal River then down the path to Squeaky Beach. This beach was recently voted the most beautiful beach in Australia and this is probably true. After a little break in the shade we headed over the hill to Picnic Bay, a really pretty beach with beautiful reflections in the sand at low tide. We sheltered in the shade of the rocks for morning tea then headed up the hill to Whisky Bay. By now we were really starting to feel the heat so we took it pretty slowly.

We regrouped at the cars and then headed to Mount Bishop and Lilly Pilly Gully. One brave group headed up Mount Bishop in the heat while a second group chose to do the shadier Lilly Pilly circuit. (Ed. Another small sensible group went straight back to camp.) We came home to a very welcome swim in Tidal River before the stormy cool change hit in the afternoon.

Gill and Ulla.



Photos by Gill Paterson

BASE CAMP - WILSONS PROMONTORY FEB 11 - 16

Day 4. Wednesday February 14
Northern parts of the Prom.

A lot cooler than yesterday's heatwave.

We drove to 5 Mile car park to walk up to Vereker Outlook, 8km return, walking through Banksia forest and Xanthorrhoea, grass trees, and up past magnificent granite boulders for great views north across Corner Inlet and south. Morning tea was at the lookout before heading down towards Millers Landing where, in the tidal flats, we saw the most southerly growing mangroves in Australia.

Back to the car park, we drove to The Stockyards picnic area near the National Park entrance gate, had lunch and checked out the cemetery with 2 distinguishable graves dating back to 1865.

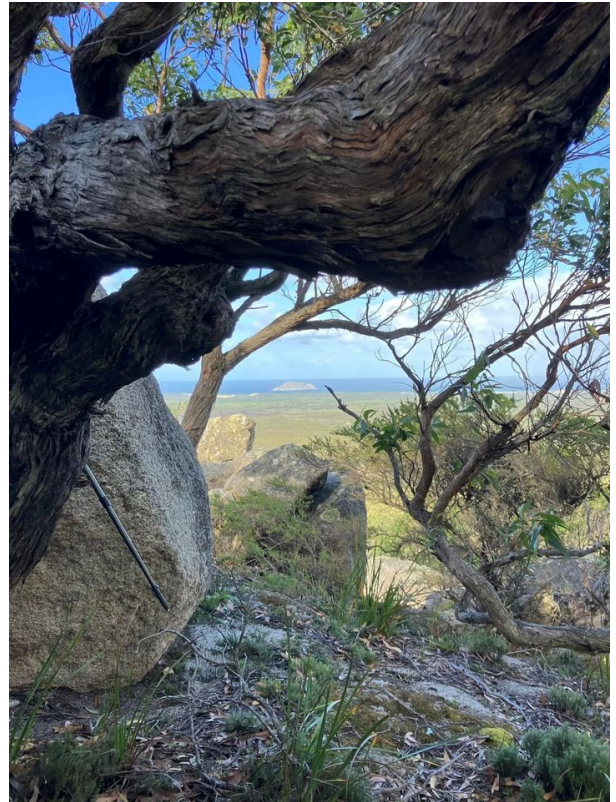
After lunch was a walk up to the Big Drift sand dunes, a nature environment created by years of wind and weather. It felt like being on the moon but daylight and air are there. After a lot of photos we headed down to the cars for a stop at Cotters bench for a 2km return hike to check out the beach and the emus and kangaroo on the way.

Thanks Lois and Elizabeth for a great day and leadership.

Sharon Higgins



Walking through the banksia forest



View from morning tea stop—Vereker outlook

Photos by Gillian Paterson

Up on The Big Drift



BASE CAMP - WILSONS PROMONTORY FEB 11 - 16

Day 5: Thursday February 15
Tongue Point

Today club members set off for Darby Saddle Carpark at 08-00am to set up a car shuffle. When drivers rejoined the group we all set off for Tongue Point. Another beautiful day and a great walk through the tree lined path to an ocean view approximately half way along. After morning tea we continued along the pathway (some poly-mesh boards included) to open country and a magnificent view of the ocean. We approached Tongue Point and there stopped for lunch and an appreciation of the views. Retracing our steps for some of the way, we wound our way back and some members went down to Fairy Cove to admire the view. Walking on we ended the track at Darby carpark for our lift back to the cabins although some members decided to walk the extra 1.1km to Darby Beach to view the magnificent sand dunes before returning.

Later we had the best "Happy Hour" of the week! It was hosted by the 3 guys in Heath Cabin.

Mal Walker



Morning tea with a view



'Crocodile Rock'

Almost there!



Photos by Gill Paterson.

BASE CAMP - WILSONS PROMONTORY FEB 11 - 16

Day 6: Friday, 16th February

Mt Hoddle Trail

Not ready to put the Wilson's Promontory base camp behind us, ten members, with Elizabeth leading, walked the picturesque Mt. Hoddle trail near Fish Creek on our way back to Melbourne.

This is a short, undulating walk through a variety of terrain from narrow tree and shrub lined tracks, grassland and rough gravel tracks with great views along the way and stunning 360 degree views at the top, of patchwork green farmland and coastal views. A short break at the top, group photo opportunities with the views behind us and it was time to return via the same route.

A wonderful conclusion to yet another great Wilsons Prom base camp. Thank you Lois and co-leader Elizabeth.

Heather Bennett





Workshops: Using your Smartphone for Navigation

Sunday 24 March or Saturday 27 April, 9am to 3pm

Outdoor Activity Hub Conference Room, Westerfolds Park, Fitzsimmons Lane, Templestowe

In this Workshop we will look at how GPS satellite navigation works – the theory, practicalities, advantages and limitations. We will discuss a variety of free smartphone mapping/navigation apps, including Avenza, Organic Maps and Terra Map. An outdoor practical exercise will be included. Detailed notes, activity sheets and map will be supplied.

These workshops are open to all club members and Individual Bushwalking Victoria members.

Registration for the 24 March Workshop opens at 9.00am on Sunday 11 February and closes at 5.00pm on Monday 4 March.

To Register, go to BWV website and the February Newsletter for a direct link OR

https://docs.google.com/forms/d/e/1FAIpQLSeqRNHEbD7RcqYem_IXw2ULS14hRwdwjkFOxH4DBUijPjFeHg/viewform

Registration for the 27 April Workshop opens at 9.00am on Saturday 16 March and closes at 5.00pm on Saturday 6 April.

To Register, go to BWV website and the February Newsletter for a direct link OR

<https://docs.google.com/forms/d/e/1FAIpQLSdxDL05-wiutbMI358mNjt6p9nmFNB9AilP2614HxHUtMI6hQ/closedform>

Numbers are limited, book early!

When registering online, you will need to provide your Name, Mobile Number, Club or Individual BWV Member status and Make and Model of your Smartphone.

Enquiries: bushnavigationandmaps@iinet.net.au

IMPORTANT: After registration, successful applicants will be provided with information on what to bring. They will also receive detailed instructions on phone setup. Preparation and pre-reading **MUST** be completed **BEFORE** the workshop. You must already be familiar with basic map/compass navigation and be conversant with your own smartphone e.g. be able to update software and install new apps.

Workshop: Day Walk Leader Training **Saturday 6 April**

Bushwalking Victoria will run a leader training day for new leaders and those aspiring to lead a bushwalk for their club, to gain confidence in leading walks. Participants will also gain insights into different styles of leadership, understand risk management, planning and conducting a walk and how to undertake incident management.

The course is run by an experienced team of trainers and takes place in a friendly and supportive environment at Westerfolds Park, Templestowe. The day is open to any member of a bushwalking club affiliated with Bushwalking Victoria.

Enrolments open on 1 February.

Please enrol online. Here is the link for registration:

<https://docs.google.com/forms/d/e/1FAIpQLSfM3PNVx67aak67iiFlsxPaWskuquhXUUoSrcLa35Y5hfSLHw/viewform>

For further information contact judy@bushwalkingvictoria.org.au



Participants' Responsibilities

Before the Walk

- Check the grading of the activity and read the grading definition in *Walk Notes*, which is a guide only. If in doubt check with the leader before you decide to participate.
- Inform the leader, with as much notice as possible, if unavoidable circumstances prevent you from attending the event.
- Bring all the correct clothing, equipment, food, and water with you, see *Clothing and Equipment for Day Bushwalks*. Don't rely on others to lend you items or carry them for you. If in doubt about what to bring ask the leader at booking time or before departure. Some equipment may be hired from bushwalking shops or WBC.
- Complete the *Personal Health Details – Emergency Information form* or "Vial of Life" and place it in an outside pocket of your backpack.
- If you suffer any medical condition that may require special action, please ensure that you carry the appropriate instructions in a sealed envelope, or they are with a friend at the activity. If necessary, carry the required medication.
- Carry a personal First Aid Kit comprising:
A minimum of: Variety of bandaids including extra large, Alcohol swabs for wound cleaning, 1 conforming bandage 7.5cm, 1 heavy weight crepe bandage 7.5cm, 1 triangular bandage, Safety pins, Gauze swabs (ie. 3 swabs 7.5cm x 7.5cm pack), Moleskin or adhesive tape or similar for covering hotspots on the feet, Thermal accident blanket, Personal medication ie. own pain killer tablets, antihistamine tablets - these will fit in a plastic ziplock bag.
Plus: Alcohol hand wash, Sunscreen, Roll on RID (or similar) for insects and leeches, Small plastic bag for rubbish.
Optional extras: Betadine, Gastrolyte tablets and glucose for hot weather, Instant cold pack, Duct tape, Pointy tweezers for ticks and splinters, Scissors, Snake bite bandage.
- Carry with you the mobile phone number of the Event Leader so that if your car breaks down en route to or from the activity or you become separated from the group you can advise details as soon as possible. This may also help the Leader to render assistance.
- Ensure you leave details of the activity, the Event Leader's name and phone number and Emergency Contact numbers (see Walklines P2) with your family or friends and make them aware of the emergency procedures in *Walk Notes*.
- It is wise to insure yourself for ambulance and medical treatment – WBC does not cover you for these expenses.

During the Walk

- Arrive at the meeting place in time to depart on the activity at the time stated
- Obey all reasonable instructions given by the leader.
- Advise the leader if you feel unwell or cannot cope with the activity
- If you are at the front of the group and the leader is not with you stop at all track/road junctions, signs, or whenever there is doubt about the correct route and wait for instructions from the Leader.
- Irrespective of where you are in the group, ensure that you can see the person behind you [and vice versa]. If not slow down and wait.
- The Whip is there to assist slower group members and to ensure that nobody is left behind. If you need to leave the track, for any reason, please inform the leader or Whip and leave your pack on the track.
- Carry a whistle at all times and remember the code:

Three short blasts regularly spaced	Emergency signal from person/s in distress
One long blast	Acknowledge a distress signal
Four short blasts regularly spaced	Emergency, regroup with leader immediately.
- Provide assistance and support to others on the activity. Club events are generally not competitive and success of the activity is dependent on members providing mutual support and encouragement.

Remember, you have a responsibility for your own safety.

By following these few simple procedures, you will contribute to the safety and enjoyment of the whole group.



Walk Notes

Grading of Walks

The gradings shown in the Club Events List are advisory only. If in doubt, please check with the walk Leader. The gradings below apply to day walks and base camps only. For pack carries and other types of events consult the Leader prior to booking.

SHORT: Level terrain, on formed tracks. Distance up to 5km.

EASY: Gently undulating terrain on formed tracks. Distance up to approx. 12km.

MEDIUM: Sustained climbs and descents. Some of the Walk may be off formed tracks. Distance approx. 15-18km.

HARD: Consistent walking with moderate to hard climbing in scrub and forest, on and off tracks. Distance depends on terrain.

EXPERIENCED: Walking in difficult terrain that may require special knowledge such as unscheduled camping, rock scrambling, survival techniques, first aid or navigation.

Some walks will indicate a grade of walk between these main types, e.g. Medium-Hard, this signifies that the walk will be more challenging than the first grade nominated but not as challenging as the second grade nominated.

Leaders have final say on participant acceptability, fitness etc. Members and temporary members may be asked to prove experience.

Group Sizes

At the discretion of the Leader and dependent on the logistics of the walk (difficulty of the terrain, car parking limitations etc). Typical maxima: Day – 24; Overnight – 12.

Temporary and Associate Member Fees

\$5 per person per event. The fee will be collected by the Leader before the Event.

Bookings

Day Walks are open for registration in the online booking system known as Ontrax up to two months prior to the event. A longer period applies to Base Camps and Pack Carries. Bookings for walks are typically made in Ontrax by members of the Club. Visitors would normally ask the WBC Membership Secretary to put their name on a walk. Alternatively, the Walk Leader can be contacted.

Cancellations

Cancellation from a walk is done via Ontrax and is normally done by the club member. You will be prompted to provide a reason for the cancellation. Visitors should contact the walk Leader who can then cancel them off the walk.

Please process cancellations as soon as practicable. There are usually people on the waiting list who can then be transferred on to the walk.

Transport

When registering for a walk in Ontrax you must nominate whether you will be a driver or a passenger to get to the walk's start.

The amount that passengers are to contribute to the driver's petrol and car running expenses is determined by a formula in Ontrax based on the distance to be travelled. This formula is modified from time to time according to fluctuating petrol prices. The walk Leader will let drivers know what the passenger cost for that particular walk will be.

A share of E-tag and/or car park/entry fee costs may need to be added. Leaders will ensure that passenger numbers are evenly allocated.

Members attending a walk should not turn up at the meeting place and automatically assume that they will be passengers. They should arrive in time and be prepared to drive their car if so requested by the Event Leader. Their car should be 'fuelled' and ready in case of such a request. A Member, who for any particular reason cannot, or would not be prepared to act as a driver if requested, should have notified the Event leader of this in advance.

Meeting place

The meeting place for the walk is nominated in Ontrax and the Leader (or deputy) will be at the meeting place before the departure time given in Ontrax. You should aim to be at the meeting place ten minutes before the departure time to allow the Leader time to organise the car sharing arrangements. Leaders will not wait for you if you are not there by the departure time.

Club Emergency Contacts

All inquiries about late return of members must first be directed to the Leader's telephone number, then to the Club Emergency Contacts. Do not contact the police as they will not know of the club activity. The police will be advised if the Club Emergency Contact believes that the party is in danger. Premature contact with police could waste their time and may cause later difficulties for the club. The Emergency Contacts details are in Ontrax under the WBC Club tab, on the Contacts page of the WBC website, and in our Walklines newsletter.



Clothing and Equipment for Day Bushwalks

Footwear:	Comfortable boots or walking shoes with good tread.
Socks:	Wool or wool blend.
Trousers:	Quick drying trousers or shorts. Avoid jeans.
Shirt:	Quick drying short/long sleeve shirt or top.
Day pack:	Comfortable and able to store all listed items inside. Line with large plastic bag or carry pack cover to keep contents dry.
Hat:	Broad brim sunhat or beanie for cold weather.
Gloves:	Synthetic or woollen gloves for cold weather.
Jacket/jumper:	Polar fleece or woollen jumper.
Rainproof jacket:	Good quality water and windproof jacket with hood.
Water bottle:	One litre minimum in winter. Two litres in summer.
Lunch/snacks:	Allow extra for emergency food.
Sun protection:	Sunscreen and sunglasses.
First aid kit:	As per <i>Participants' Responsibilities</i> .
Toilet kit:	Trowel, toilet paper & hand sanitiser.
Whistle:	See <i>Participants' Responsibilities</i> for signal code.
Phone:	Mobile phone.
Optional extras:	Gaiters give protection from grass seeds, leeches, etc. Walking poles may assist over rough/slippery terrain. Waterproof over pants. Thermal underwear. Insect repellent. Umbrella. Mat/plastic sheet for rest stops. Small torch in case of delay.